

BAKED POTATOES Served with a dressed side salad

Choose from these available freshly prepared fillings:
Cheese, coleslaw, tuna mayo, egg mayo, chicken mayo, roasted peppers, sunblushed tomatoes, bolognese sauce

One Filling	£4.95
Extra Filling	£1.00

From
THE DELI



TOASTED PANINI & CIABATTA Served with a dressed side salad

Caprese	£5.95
Mozzarella, tomatoes, basil & basil oil	
Pepperonata	£6.55
Roasted peppers, mozzarella & basil	
Toscana	£6.55
Salame Toscana & pecorino & sun blushed tomatoes	
Espanol	£6.55
Chorizo, mozzarella & sun blushed tomato	
Parma	£7.95
Parma ham, provolone piccante & roasted peppers	
Diavola	£6.55
Salame ventricina, provolone piccante & chilli flakes	
Bologna	£6.55
Mortadella, mozzarella & sun blushed tomatoes	
Milanese	£6.55
Salame milano, Bel Paese cheese & sun blushed tomatoes	
Americano	£6.55
Black peppered pastrami, emmental & roasted peppers	

TRADITIONAL TOASTED PANINI Served with a dressed side salad

Cheese & Ham	£5.95
Tuna Melt	£5.95
Ham & Brie	£5.95
Cheese & Onion	£4.95
Cheese & Tomato	£4.95

SLICED BREAD TOASTIES Served with a dressed side salad

Cheese & Ham	£3.95
Tuna Melt	£3.95
Ham & Brie	£3.95
Cheese & Onion	£3.75
Cheese & Tomato	£3.75

TRADITIONAL FILLED ROLLS

Choose from these available freshly prepared fillings:
Ham, turkey, roast beef, cheddar, chicken mayo, tuna mayo & egg mayo

On the following rolls:

	Without Salad	With Salad
Baton (White or Brown) Ciabatta	£3.25	£4.25
Morning Roll (White or Brown)	£2.15	£2.65
Sunflower Roll or Italian Roll	£2.15	£2.65
Parma Ham	Extra £1.50	
Extra Filling	£1.00	

DESSERTS

Nocciola Sundae	£5.95
Chocolate & vanilla ice cream, smothered with caramel sauce topped with nuts, cream & wafers	
Fragola Sundae	£5.95
Strawberry & vanilla ice cream, smothered with strawberry sauce topped with marshmallow, cream & wafers	
Amarena Sundae	£5.95
Vanilla ice cream with Amarena cherries, Amarena sauce, cream & wafers	
Caramel Sundae	£5.95
Strawberry, chocolate & vanilla ice cream, smothered with caramel sauce, caramel cake, cream & wafers	
Fresh Cakes	From £4.25
Please choose from our selection of cakes on display (Served with or without cream)	
Add a scoop of ice cream for £1.20	

HOT DRINKS

	Small	Large
Cappuccino	£2.20	£2.40
Latte	£2.20	£2.40
Americano	£2.05	£2.35
Espresso	£1.65	£2.15
Macchiato	£1.75	£2.25
Mocha	£2.75	£3.00
(Extra shot of coffee - 50p)		
Hot Chocolate With marshmallows & cream	£2.75	£3.00
Hot Chocolate	£2.25	£2.50
Tea	£1.85	£2.05
Earl Grey Tea	£2.15	£2.30
Camomile Tea	£2.15	£2.30

SOFT DRINKS

Cans	£2.20
Choose from: Diet Coke, Coke, Sprite, Sprite Zero, Im Bru, Diet Im Bru, Ginger Beer	
Italian San Pellegrino Cans	£2.50
Choose from: Limonata, Aranciata, Grapefruit, Blood Orange, Chinotto, Ice Peach Tea, Ice Lemon Tea	
Fresh Juice	£2.70
Orange or Apple (not from concentrate)	
Bottled Water	£2.25
Still, Sparkling or Soda Water	
Glass of Milk	£1.90
Milkshake	£2.95
Choose from: Strawberry, Chocolate or Vanilla	

Bella Fresca
est 1997
Italian Delicatessen & Restaurant



Gift Vouchers Available



Why not treat someone you love to some of our gift vouchers?
With our £5, £10 & £20 vouchers they can sample the many delicacies Bella fresca has to offer. The vouchers may also be used to sit in & sample meals from our restaurant menu. Please see a member of staff for details.

Terms & conditions apply

LUNCH MENU

SOUP

Bella Fresca's Homemade Minestrone £4.50
Served with crusty Italian bread



ANTIPASTO MISTI DELLA CASA

Straight From The Deli £12.95
An interesting & delicious selection of our finest cured & cold meats accompanied with marinated vegetables, pickles & olives. Served with crusty Italian bread

FORMAGGI

Straight From The Deli £11.95
A selection of 4 cheeses, accompanied with a selection of savoury snacks

STARTERS

Caprese Salad £6.25
Buffalo mozzarella, tomato & fresh basil

Artichoke Fricasse £6.25
Artichoke hearts grilled with a parmesan & sage sauce & watercress salad

Chicken Liver & Porcini Pate £5.50
Chicken liver & porcini mushroom pate with herb crostini, red onion & thyme chutney

Roast Chicken Stew £6.25
Roast chicken, ham hough & Italian bean stew, served with garlic crostini

Gamberoni Diavola £6.25
Tiger prawns, cherry tomatoes & rocket in a white wine, garlic & chilli sauce, served with garlic crostini

Italian Sausage Stew £6.25
Italian sausage cooked slowly in a sweet tomato & basil sauce with mixed Italian beans, finished with mascarpone & a garlic crostini

Fritto Misto £6.50
Calamari, king prawns & whitebait, coated in flour then cooked until golden. Served with garlic mayonnaise & lemon

Mozzarella Fritta £6.15
Fresh mozzarella pearls, crumbed & cooked until golden. served with a spicy tomato dip

Capesante Della Casa £9.95
Seared scallops, crisp pancetta, salsa verde & watercress salad

CROSTINI

Funghi Porcini £6.25
Wild mushroom with garlic, parsley & creamy parmesan sauce

Salmon £6.50
Smoked salmon, mascarpone, peppers & salsa verde

Gamberoni, Sambuca e Arancia £6.95
Tiger prawns in an orange & Sambuca sauce with rocket salad

TRADITIONAL PASTA

Lasagne al Forno £9.75
Layers of egg pasta with bolognese & bechamel sauce

Spinach & Ricotta Cannelloni £9.75
Rolled pasta leaves with a spinach & ricotta cheese filling & bechamel sauce

Macaroni Cheese £8.50
Small pasta with creamy cheese sauce

PASTA OR RISOTTO

Vongole £12.25
Clams in a white wine, garlic, fresh chilli & parsley sauce

Marinara £15.50
Clams, mussels, king prawns & scallops, served in a chilli & garlic white wine sauce

Manzo £12.50
Sliced sirloin steak, roasted red peppers & rocket cooked in a Napoli sauce with onion, carrot, celery & finished with parmesan

Zucchini Grigliata £9.15
Chargrilled courgette, pine nuts, salsa verde, white wine, parmesan & a touch of cream

Montepandone £10.50
Sun dried tomatoes, rocket & black olives in a pesto sauce finished with toasted pine nuts & mascarpone

Pollo Funghi Spinaci £11.50
Chicken, mushroom & spinach cooked in extra virgin olive oil, garlic & chilli

Gamberoni e Rucola £11.50
Tiger prawn, roast cherry tomatoes & rocket in a garlic & chilli sauce

Salsiccia e Funghi Porcini £11.50
Italian sausage & porcini mushroom in a garlic cream & sage sauce



Bolognese £9.50
Rich sauce made with minced beef & pork with garlic onion, carrot, celery & tomato

Carbonara £9.50
Pan-fried pancetta, cream, garlic & egg yolk (also available the classic way without cream)

Napoli £8.50
Onion, carrot, celery, garlic, tomato & basil

Arrabbiata £8.75
Garlic, onion, carrot, celery, tomato, fresh chilli & basil

Amatriciana £9.15
Pancetta, garlic, onion, carrot, celery, tomato & fresh chilli

Pesto £9.50
Garlic, basil, parmesan, pine nuts & a touch of cream

Polpetta £11.50
Seasoned beef & pork meatballs in a bolognese sauce with onion, carrot & celery

Aglia & Olio & Peperoncino £8.50
Seasoned extra virgin olive oil with garlic & fresh chilli

Italian Sausage £10.50
Traditional Italian sausage in a Napoli sauce with onion, carrot, celery, fresh chilli, spinach & a touch of cream

Mediterranean Veg £9.25
Slow-roasted vegetables finished with goat's cheese

INSALATA

Chicken Fresca Salad £9.95
Crispy salad of mixed green leaves with delicious roasted chicken breast, tossed with Bella Fresca's own salad dressing & croutons

Gamberoni Fresca Salad £9.95
Mixed leaf salad, king prawns, crisp pancetta, tossed with Bella Fresca's salad dressing & croutons



Margherita £8.50
12" Pizza base with mozzarella & tomato

Calzone £9.95
12" Pizza base folded over with mozzarella & tomato
Choose 2 fillings

Focaccia £5.50
12" Pizza base with garlic & herbs

Our toppings & filling suggestions:

Salumeria	Speciality	Vegetarian	Cheeses
Milano	Parma Ham	Roasted Peppers	Parmesan
Toscana	Coppa	Sun Blushed Tomato	Provolone
Ventricina	Bresaola	Olives	Pecorino
Chorizo	Italian Sausage	Rocket	Mascarpone
Pepperoni	Roast Chicken	Mushrooms	Ricotta
	Smoked Salmon	Onions	Goats Cheese
			Dolcelatte
			Bel Paese
			£1.20 each
			£1.50 each
			£1.00 each
			£1.20 each

SIDE ORDERS

Fries	£2.95
Garlic Bread	£2.95
Garlic Bread With Mozzarella	£3.75
Sunblushed Tomatoes	£3.75
Marinated Anchovies	£4.25
Bruschetta	£4.95
Mixed Olives	£4.25
Crusty Italian Bread	£1.75
Side Salad	£2.75

